



**Special Edition 2020**

## **Clark County District B Newsletter**

Dear Residents,

I am reaching out to you and your family to let you know we are here to assist during these uncharted times. While I know that this may be scary, we will be able to get through this if we are all working together. Please use our office as a resource or even a sounding board as we understand that this is a difficult time for many.

We are encouraging folks to stay at home as much as possible. However, we are also encouraging daily exercise and everyone to continue to keep checking on their neighbors. We have worked very hard to lift barriers to help meet demand to stock the local stores. Supply availability may not be perfect, but it is getting better every day. Remember that over 90% of our supply chain comes from out of state. We have plenty of product in town, but the orders are equal to the size of orders around Christmas time. Please be patient and remember to only take what you need.

As we go through this time, we are charting two different paths. 1) how to ensure that we are able to help everyone that needs help 2) how to help our economy recover, get folks back to work, and get businesses back up and running very quickly. If you would like to contribute to either of these discussions, please let us know. Lastly, remember we have a great community and when we work together, we will succeed. I look forward to hearing from you.

*Marilyn*

THE PRESIDENT'S CORONAVIRUS GUIDELINES FOR AMERICA

# DO YOUR PART TO SLOW THE SPREAD OF THE CORONAVIRUS

Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to slow the spread of the coronavirus.

Work or engage in schooling **FROM HOME** whenever possible.

**IF YOU WORK IN A CRITICAL INFRASTRUCTURE INDUSTRY**, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.

**AVOID SOCIAL GATHERINGS** in groups of more than 10 people.

Avoid eating or drinking at bars, restaurants, and food courts — **USE DRIVE-THRU, PICKUP, OR DELIVERY OPTIONS.**

**AVOID DISCRETIONARY TRAVEL**, shopping trips, and social visits.

**DO NOT VISIT** nursing homes or retirement or long-term care facilities unless to provide critical assistance.

#### **PRACTICE GOOD HYGIENE:**

- Wash your hands, especially after touching any frequently used item or surface.
- Avoid touching your face.
- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.

**CORONAVIRUS.GOV**

## Unemployment

### New Unemployment Insurance Claim Video Goes Live:

### State Continues to Encourage Online Unemployment Claims Filing

The Nevada Department of Employment, Training and Rehabilitation (DETR) has published an instructional Unemployment Insurance (UI) video to YouTube. The video, entitled, "[How to create a Nevada Unemployment Insurance UINV account online](#)" guides filers through setting up their online account as they navigate the UInv claimant site, [ui.nv.gov/css.html](http://ui.nv.gov/css.html) to complete their claims.

Extended hours (8 to 8 M-F) are now active at the UI Claims Call Centers for those who need to file via telephone because they are unable to file online. To file a claim via telephone, claimants must call one of the two state claims call centers: Northern call center: (775) 684-0350 and Southern call center: (702) 486-0350. Claimants located in Nevada's rural areas and out-of-state can call (888) 890-8211.

## CCSD Closed

As of March 16, Clark County Schools closed through spring break. This was done as a preventive measure to stop the possible spread of COVID-19. We would like to remind parents and students for this measure to be most effective students should not be out and about in the community.

The Clark County School District will continue providing breakfast and lunch to students during the closure of our schools. Student food distribution pods will be set up at 22 school locations throughout the district from 8 a.m. to 11 a.m. Monday through Friday.

Basic HS	400 Palo Verde Dr., Henderson, NV 89015
Canyon Springs HS	350 E Alexander Rd., North Las Vegas, NV 89032
Centennial HS	10200 Centennial Pkwy., Las Vegas, NV 89149
Chaparral HS	3820 Annie Oakley Dr., Las Vegas, NV 89121
Cheyenne HS	3200 W Alexander Rd., North Las Vegas, NV 89032
Cimarron-Memorial HS	2301 N Tenaya Way, Las Vegas, NV 89128
Clark HS	4291 W Pennwood Ave, Las Vegas, NV 89102
Desert Pines HS	3800 E Harris Ave, Las Vegas, NV 89110
Las Vegas HS	6500 E Sahara Ave, Las Vegas, NV 89142
Mojave HS	5302 Goldfield St., North Las Vegas, NV 89031
Shadow Ridge HS	5050 Brent Ln., Las Vegas, NV 89131
Sierra Vista HS	8100 W Robindale Rd., Las Vegas, NV 89113
Silverado HS	1650 W Silver Hawk Ave, Las Vegas, NV 89123
Spring Valley HS	3750 S Buffalo Dr., Las Vegas, NV 89147
Veteran's CTA	2531 Vegas Dr., Las Vegas, NV 89106

Parents can also pick up academic resources at these sites.

In order to comply with federal regulations, a school-age child must be present for food to be distributed. The pickup location will be set up outside of the school sites to facilitate distribution.

## Three Square Food Bank

### Three Square Emergency Food Distribution Sites

In an effort to serve as many people as possible, Three Square has collaborated with select agency partners and volunteers located in key regions throughout the valley who will be assisting with the distribution of food at 43 emergency food distribution sites.

The emergency food distribution sites – which have various dates of operation and distribution times – were chosen to maximize coverage and food distribution across Southern Nevada. The sites are located at: 21 CCSD school sites (in addition to the 15 sites CCSD confirmed that will serve breakfast and lunch); three Station Casinos properties, including Palace Station, Sunset Station and Boulder Station; 10 Just One Project LDS Church sites; and nine of Three Square’s local agency partners.

For a complete list of Three Square’s emergency food distribution sites and hours of operation, visit [threesquare.org/help](https://threesquare.org/help). This map will be updated in real-time, ensuring the most current information is available.

To focus its efforts entirely on emergency food distribution in response to COVID-19, Three Square has suspended normal food distribution to agency partners, with the exception of those included as part of the emergency food distribution model.

### Help for Seniors

Three Square remains committed to assisting seniors. Those 60 years of age and older who need food assistance are encouraged to call [702 765-4030](tel:7027654030) Monday-Friday between 9 a.m. and 5 p.m., where they will speak with a caring Advocate to determine which program, service or resource is best for them. Advocates can also assess seniors for SNAP and provide information on nearby pantries that are dedicated to seniors, or home delivery for those in need.

### Coronavirus Emergency Food Fund

The economic impact of COVID-19 is expected to increase the need for food assistance in Southern Nevada in the coming days and weeks. As a result, Three Square has created the Coronavirus Emergency Food Fund, which will allow the nonprofit to remain nimble in its daily response and quickly respond to those affected by quarantines, school closures and economic hardships. For more information about volunteer opportunities or donating to the [Coronavirus Emergency Food Fund](#), visit [threesquare.org](https://threesquare.org) or call [702 644-3663](tel:7026443663).

For more information about Three Square’s COVID-19 response and provided resources, call [702 644-3663](tel:7026443663) or visit [threesquare.org](https://threesquare.org).

## Emergency Planning : Agencies

Agency ZIP Code	Agency Distribution Model	Agency Name	Agency Street Address	Agency City	Agency Region	Agency Phone Number
89005	Meals - CCSD students only	Boulder City	1101 5th Street	Boulder City	Southeast	
89011	Walk-In Pantry	Central Church	1001 New Beginnings Dr	Henderson	Southeast	(702) 735-4004
89014	Meals - CCSD students only	Green Valley	460 North Arroyo Grande Boulevard	Henderson	Southeast	
89014	Station Casinos Pop-up Distribution - days and times will vary	Sunset Station	1301 W Sunset Rd	Henderson	Southeast	(702) 765-4030
89015	Golden Groceries - for seniors ages 60 or better	Helping Hands of Henderson	98 E. Lake Mead Pkwy Suite 301	Henderson	Southeast	
89015	Golden Groceries - for seniors ages 60 or better	Hopelink	178 Westminister Way	Henderson	Southeast	
89015	Meals - CCSD students only	Basic HS	400 Palo Verde Dr.	Henderson	Southeast	
89015	TS Pop-up Distribution - drive-thru only	Hikman ES	450 E Merlayne Dr	Henderson	Southeast	(702) 765-4030
89015	Walk-in Pantry	Our Saviors Lutheran Church	59 Lynn Ln	Henderson	Southeast	(702) 565-8154
89015	Walk-in Pantry	St. Therese Center	215 Palo Verde Dr	Henderson	Southeast	(702) 564-4224
89018	Meals - CCSD students only	Indian Springs High	400 Sky Rd.	Indian Springs	Rural	
89019	Meals - CCSD students only	Sandy Valley High	1420 Pearl Avenue	Sandy Valley	Rural	
89025	Meals - CCSD students only	Perkins, Ute	1255 Patriots Avenue	Mosapa	Rural	
89027	Meals - CCSD students only	Hughes, Charles Arthur	550 Helfen Ln.	Mesquite	Rural	
89029	Meals - CCSD students only	Laughlin High	1900 Cougar Drive	Laughlin	Rural	
89030	Golden Groceries - for seniors ages 60 or better	Calvary Downtown Outreach	2101 E. Owens Ave	North Las Vegas	Central	
89030	Golden Groceries - for seniors ages 60 or better	Calvary Downtown Outreach	2101 E Owens Ave	North Las Vegas	Central	
89030	Golden Groceries - for seniors ages 60 or better	Family Youth Enrichment Center	809 W. Bartlett Ave.	North Las Vegas	Central	(702) 474-3030
89031	Meals - CCSD students only	Mojave HS	5302 Goldfield St.	North Las Vegas	Northeast	(702) 207-2125 or (702) 378-0770
89032	Golden Groceries - for seniors ages 60 or better	Helping Hands of Vegas Valley	3640 N. 5th St	Las Vegas	Northeast	
89032	Meals - CCSD students only	Canyon Springs HS	350 E Alexander Rd.	North Las Vegas	Northeast	
89032	Meals - CCSD students only	Cheyenne HS	3200 W Alexander Rd.	North Las Vegas	Northeast	
89040	Meals - CCSD students only	Lyon, Mack	179 S. Andersen	Overton	Rural	(702) 633-7264
89046	Golden Groceries - for seniors ages 60 or better	Boulder City Senior Center	813 Arizona St	Boulder City	Southeast	
89046	Golden Groceries - for seniors ages 60 or better	Senior Citizens of Searchlight	575 S. Hwy 95	Searchlight	Rural	
89048	Golden Groceries - for seniors ages 60 or better	Joy Divine	1181 S. Loop Rd.	Pahrump	Rural	
89048	Golden Groceries - for seniors ages 60 or better	Salvation Army Pahrump	721 South Buel Rd	Pahrump	Rural	
89052	TS Pop-up Distribution - drive-thru only	Coronado HS	1001 Coronado Center Dr	Henderson	Southeast	(702) 765-4030
89081	TS Pop-up Distribution - drive-thru only	Johnston MS	5855 Lawrence St	North Las Vegas	Northeast	(702) 765-4030
89084	TS Pop-up Distribution - drive-thru only	Duncan ES	250 W Rome Blvd	North Las Vegas	Northeast	(702) 765-4030
89101	TS Pop-up Distribution - drive-thru only	Cambeiro ES	2851 E Harris Ave	Las Vegas	Central	(702) 765-4030
89101	Walk-in Pantry	Catholic Charities of Southern Nevada	1501 Las Vegas Blvd N	Las Vegas	Central	(702) 395-2662
89101	Walk-in Pantry	Veterans Village 2	50 N 21st St	Las Vegas	Central	
89102	Golden Groceries - for seniors ages 60 or better	First Baptist Church	4400 W Oakley Blvd	Las Vegas	Central	(702) 821-1234
89102	Golden Groceries - for seniors ages 60 or better	The Just One Project	1541 W Oakley Blvd	Las Vegas	Central	(702) 462-2253
89102	Meals - CCSD students only	Clark HS	4291 W Penwood Ave	Las Vegas	Central	
89102	Station Casinos Pop-up Distribution - days and times will vary	Palace Station	2411 W Sahara Ave	Las Vegas	Central	(702) 765-4030
89102	TJOP Pop-up Distribution - days and times will vary	Clark HS	4291 Penwood Ave	Las Vegas	Central	(702) 462-2253
89103	TJOP Pop-up Distribution - days and times will vary	Decker ES	3850 Redwood St	Las Vegas	Southwest	(702) 462-2253
89103	TJOP Pop-up Distribution - days and times will vary	Katz ES	1800 Rock Springs Dr	Las Vegas	Southwest	(702) 462-2253
89103	Walk-in Pantry	International Church of Las Vegas - Dream Center	6610 W Kalia Ave	Las Vegas	Southwest	(702) 257-2273
89104	Golden Groceries - for seniors ages 60 or better	City Inspect Country Club at Valley View	950 E Sahara Ave	Las Vegas	Central	(702) 888-4242
89104	Walk-in Pantry	City Impact	950 E Sahara Ave	Las Vegas	Central	
89104	Walk-in Pantry	Veterans Village	1150 S Las Vegas Blvd	Las Vegas	Central	(702) 222-1690
89106	Meals - CCSD students only	Veteran's CTA	2531 Vegas Dr.	Las Vegas	Central	

# Should I wear a mask to protect myself from COVID-19?



The CDC is **not currently recommending** facemasks for the general public.



Masks are **only** recommended for **caregivers** of patients with communicable illness and **patients** with a fever or cough.



Surgical masks are designed to provide the wearer protection against **large** droplets, splashes or sprays of bodily or other hazardous fluids.



Surgical masks are loose fitting and don't provide the wearer with a **reliable level of protection** from inhaling smaller airborne particles and are not considered respiratory protection.



Surgical masks are **disposable** and should be discarded after use.



**SNHD**

The Health District continues to remind the public to take steps to protect themselves and others, including those most vulnerable to the impacts of COVID-19. This includes older adults and people who have chronic medical conditions such as heart disease, diabetes, and lung disease.

- Stay home when you are sick.
- Put distance between yourself and others. Keep at least 6 feet between you and other people. Stay home as much as possible. Avoid shaking hands.
- Do not go to the emergency department unless it is essential. Emergency departments need to be able to serve those with the most critical needs.
  - If you have a mild cough, fever, or other respiratory symptoms, contact your doctor first.
- Practice everyday preventive actions to help prevent the spread of respiratory viruses:
  - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
  - Avoid touching your eyes, nose, and mouth.
  - Avoid close contact with people who are sick.
  - Cover your cough and sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Stay informed. The COVID-19 situation is changing frequently.

FOR SPECIFIC QUESTIONS AND ANSWERS  
ABOUT COVID-19 CALL OUR INFO LINE AT  
**(702) 759-INFO (4636)**  
MONDAY–FRIDAY 7 A.M.–7 P.M.

Up to date information is available on the

Health District website at [www.southernnevadahealthdistrict.org/coronavirus](http://www.southernnevadahealthdistrict.org/coronavirus) or the  
CDC website at [www.cdc.gov](http://www.cdc.gov)

**We at Clark County are also providing up to date information.**

**Please visit: <https://www.clarkcountynv.gov/covid19/Pages/default.aspx>**

# Coronavirus Disease 2019 (COVID-19)



## What is coronavirus disease 2019 (COVID-19)?

COVID-19 is a virus strain that has only spread in people since December 2019. Health experts are concerned because little is known about this new virus and it has the potential to cause severe illness and pneumonia in some people.

## Who is at risk?

Based on what we currently know, there are some people who are at higher risk of getting very sick from this illness. This includes older adults and people who have serious chronic medical conditions like heart disease, diabetes, and lung disease. If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease.

## How does COVID-19 spread?

Health experts are still learning the details about how this new coronavirus spreads. Other coronaviruses spread from an infected person to others through:



the air by coughing and sneezing



touching a surface with the virus on it, then touching your mouth, nose, or eyes



close personal contact, such as touching or shaking hands

## What are the symptoms?

People who have been diagnosed with COVID-19 have reported symptoms that may appear in as few as two days or as long as 14 days after exposure to the virus:



Fever



Cough



Difficulty breathing



Mild to severe illness

## How can I prevent getting COVID-19?

COVID-19 is a new disease and we continue to learn more about how it is transmitted from person-to-person. The CDC risk assessment will be updated as new information becomes available. Steps you can take to prevent the spread of flu and the common cold will also help prevent coronavirus:

- Wash hands often with soap and water. If not available, use hand sanitizer.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid contact with people who are sick.
- Stay home while you are sick and avoid close contact with others.
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.



Rev. 3-12-20

To learn more, visit [www.snhd.info/coronavirus](http://www.snhd.info/coronavirus) or [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)





## SNHD Operations

The Southern Nevada Health District continues to offer clinical services to the community. Steps are being taken to ensure clients, patients, and staff are protected during service delivery. Additional services are suspended or available online. Check the Health District [website](#) for updated information:

- The Food Handler Safety Training Card (Health Card) program is suspended until May 1, 2020. Food Handlers will not be required to have their cards with them and new employees or employees that need to renew their cards will be able to temporarily work without cards. Food establishments will not be assigned demerits for food handlers without cards during this period.

Birth and Death records are available online only. Information for online ordering is available on the Health District's website at

[www.southernnevadahealthdistrict.org/programs/vital-records/birth-certificates/](http://www.southernnevadahealthdistrict.org/programs/vital-records/birth-certificates/)

## Additional Resources

To inform Nevadans statewide, the Nevada Department of Health and Human Services (DHHS) and the Governor's Office have created [Nevada Health Response](#) to better share information and resources as it pertains to the current status of the coronavirus (COVID-19) and its impact within the state of Nevada. Additional resources are listed below.

### • Food

- [Free Food Pantries List](#)
- [CCSD Food Sites](#)
- [Three Square Emergency Food Distribution](#)
- [Help for Seniors](#) (60 years of age and older) - Call 702-765-4030 Monday-Friday between 9 a.m. and 5 p.m for various food programs available to seniors
- [The Just One Project- Mobile Food Market](#)

### • Shelter

- [Guidance for Homeless Shelters](#)
- [National Health Care for the Homeless Council](#)
- [Help Hope Home: Homeless Resources](#)
- [Help Hope Home COVID-19 Guide](#)

## **Las Vegas Metropolitan Police Department**

### **LVMPD Cancels Community Events and Implements New Officer Protocols in Response to COVID-19**

The pace for patrol officers has remain unchanged as they continue to respond to calls for service in the wake of the COVID-19 pandemic, but the Las Vegas Metropolitan Police Department has reinforced hygiene protocols to ensure their safety as well as that of the community.

LVMPD Sheriff Joe Lombardo has canceled all non-essential community events that are not critical to operations until further notice. That includes First Tuesday meetings, commendations ceremonies and several community outreach events planned by area command Community Oriented Policing units.

Officer memorial events that were set to take place in May during Police Memorial Month have been canceled by outside committees. The Nevada Law Enforcement Officers Memorial Commission canceled its April 29 memorial run and the May 7 memorial service in Carson City. The Southern Nevada Law Enforcement Foundation has canceled its May 21 memorial event.

Sheriff Lombardo also directed staff to postpone all work-related department travel, and asked employees to do their part by self-sanitizing their workspace every day and practice common preventative measures to avoid getting sick.

Patrol officers are directed to maintain distance when they can and wear disposable gloves when making arrests. In addition, all gear and patrol vehicles are to be disinfected regularly.

Inside Clark County Detention Center, cleaning crews are doubling their efforts, and corrections officers are practicing proper hygiene upon entering the jail.

The LVMPD has already reached out to the public to encourage them to use online services to file certain police reports and get access to records whenever possible.

### **Safety Tips:**

The utility companies and Metro want you to know that no workers are being sent out to people's home and to be on alert for folks trying to impersonate workers. Do not open your door to anyone you are not expecting.

### **Grocery Shopping:**

- Be Patient
- Stay home if possible- avoid going out unless absolutely necessary
- Look online, ahead of time, to verify store hours of operations as they may have been modified
- Look online to verify if products are in stock, in order to avoid making an unnecessary trip
- Use delivery service if possible

## Announcements from Utility Companies

During this time of uncertainty the utility companies in Clark County have said they will not be terminating services for non-payment.

### NV Energy

We will continue to work with federal, state and local authorities to ensure we are positioned to serve our customers. While there may be a lot of uncertainty surrounding COVID-19 and its effect on our daily lives, one thing is certain: NV Energy will keep the lights on for you and for Nevada. Please don't hesitate to reach out to us at 702-402-5555 in Southern Nevada, or visit [www.nvenergy.com](http://www.nvenergy.com) if we can be of assistance.

### Southwest Gas

We understand that these are trying times for many of our customers and want to ensure that you focus on the well-being of your families without having to worry about any disruption of service from Southwest Gas. As such, we have stopped service disconnections indefinitely, until the coronavirus situation improves. For customers experiencing financial hardship, we are here to help with flexible payment options. Our website and mobile app will give you the ability to manage your account from the comfort of your home without needing to visit our payment offices in person.

<https://www.swgas.com/> or call 877-860-6020.

### Las Vegas Valley Water District

The District is temporarily suspending customer shutoffs for delinquent accounts and/or nonpayment, due to the COVID-19 pandemic. [Learn more.](#)

COVID-19 is a respiratory illness, like the flu, which is spread person to person—there is no indication that transmission can occur via drinking water supplies.

Southern Nevada's [drinking water is treated\(Opens another site in new window\)](#) using a combination of ozonation, filtration and chlorination, which are on the leading edge of water treatment processes and effective at removing contaminants from water. To ensure your water meets or surpasses drinking water standards, we also monitor water quality around the valley 24 hours a day, 365 days a year. The Water District does not anticipate any current scenario that would interrupt water availability to our community. We are committed to ensuring your water quality, reliability and security because we know you depend upon it every day.

### Cox Communications

Cox also announced today its support for the FCC's Keep America Connected initiative as part of the company's ongoing coronavirus response efforts. As part of its commitment, Cox pledges for the next 60 days to: not terminate service to any residential or small business customer because of an inability to pay their bills due to disruptions caused by the coronavirus pandemic; waive any late fees that any residential or small business customer incur because of their economic circumstances related to the coronavirus pandemic; and will open Cox WiFi hotspots to help keep the public connected in this time of need. Please visit

<https://www.cox.com/residential/support/coronavirus-response.html?campcode=tnt-home-alert>

## Census 2020

The Census is still in action, we need to be counted. You can do so from the safety of your own home and computer. If you do not have a computer and were planning on using a public one, you may complete the Census via telephone or mail.



Nevada matters. Be counted.

### NOW'S THE TIME TO BE COUNTED!

**BE SAFE** As the novel coronavirus (COVID-19) continues to have an impact on the country and our local communities, the safety, health and welfare of Nevadans is a top priority.

**BE COUNTED IN THE SAFETY OF YOUR OWN HOME** In light of public health concerns, it's important Nevadans know they can be counted without leaving home.

**SECURE, EASY, FAST** There are three confidential, easy, quick ways to help Nevada get its fair share of federal funding: online ([www.census.nv.gov](http://www.census.nv.gov)), phone (844-330-2020), or mail in the questionnaire. It takes less than 10 minutes to complete!

**MONEY FOR NEVADA** Nevada can receive over \$67 billion in federal funding over the next ten years if everyone is counted.

**WHERE DOES IT GO?** For everyone who is counted, Nevada gets about \$2,000 each year for ten years that helps communities be healthy, safe and educated.

**NEED HELP?** In the event residents need assistance filling out their questionnaire, please call 844-330-2020 (for Spanish 884-468-2020) or visit [www.census.nv.gov](http://www.census.nv.gov).

If individuals do not respond to the Census in the next few weeks, they will receive a paper questionnaire in the mail. That would avoid people from also coming to the door. Here's more information: <https://2020census.gov/en/ways-to-respond/responding-by-mail.html>.

**BE INFORMED AND BE COUNTED** Please continue to monitor [www.census.nv.gov](http://www.census.nv.gov) and [www.nvhealthresponse.nv.gov](http://www.nvhealthresponse.nv.gov) for updated information about the 2020 census and guidance on how to best protect yourself and loved ones.

**Thank you for taking a moment to look into District B. Please reach out to us with community events, questions or requests for information.**

**Contact our office at (702) 455-3504 or Vanessa Newsletter Editor at (702) 455-3522**  
**Email:**  
[Vab@clarkcountynv.gov](mailto:Vab@clarkcountynv.gov)

**If you would like to be removed from this list, or have someone who would like to be added, please [email Vanessa](mailto:Vanessa).**

**Precautions:** Do not go to the emergency department unless it is essential. Emergency departments need to be able to serve those with the most critical needs. If you have a mild cough, fever, or other respiratory symptoms, contact your doctor first. Take antivirals if prescribed by your doctor. Remember these important tips to help prevent the spread of coronavirus and other respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer containing at least 60 percent alcohol..
- Avoid touching your eyes, nose, and mouth.
- Try to put distance between yourself and others. The CDC recommends at least 6 feet to limit person-to-person spread in public gatherings. Limit your interactions with others if you are over the age of 65 or have a serious medical condition.
- Avoid close contact with people who are sick.
- Cover your cough and sneeze with a tissue, then throw the tissue in the trash and wash your hands.
- Clean and disinfect frequently touched objects and surfaces such as doorknobs, countertops and your cell phone.

**CORONAVIRUS UPDATE: LabCorp does not currently collect specimens for COVID-19 testing at our patient service centers. Test specimens for COVID-19 testing must be ordered, and the specimen must be collected, by a healthcare provider. Individuals seeking testing for COVID-19 should not come to or be sent to a LabCorp location.**

**Quest Diagnostics Testing for COVID-19**

- **This test is to be performed only using respiratory specimens collected from individuals who meet CDC clinical and/or epidemiological criteria for COVID-19 testing.**
- **Only a Healthcare Provider can collect the specimen necessary to test for COVID-19. Quest Patient Service Centers do not collect COVID-19 specimens. Patients suspected of having COVID-19 MUST NOT ENTER a Quest Patient Service Center.**